



Rank One Sport

Attn: 7th & 8th Grade Students

Are you interested in playing sports? Click on the following link to fill out required forms:

<https://laredoisd.rankonesport.com>

- Follow the steps below to:
- Click on the proceed to online forms (@the bottom of the page)
- Click on the continue as a guest

- **Click on Medical History**-fill out ALL info.
- Click on yes for female/male questions & answer all 5 questions.
- Sign the bottom & include email & submit: (personal email or school email)

*****Your school email is username@mylisd.org*****

Example: johndoe125@mylisd.org

- **Click on Athletic Participation form**
- Fill out information at the bottom you must click on 1-4 Pre-Participation Forms. After completing 1-4, check off the boxes. You **MUST** open each to check off each box. Sign the form, put email address and submit.

- **COVID-19 Participation Screening Form**
- **Fill out form, sign at the bottom & add email information and submit.**